

ADVANCED INTERPERSONAL SKILLS WITH DISC®



By **SGS**

1 DAY



LEARNING OUTCOMES

- Identify your preferred communication style using the DISC® Profile
- Recognise DISC® styles in others and adapt your style to get the best results possible
- Understand how to motivate different styles to gain higher productivity
- Identify why there is tension amongst the different profiles and develop a strategy to prevent or deal with the differences
- Increase your self-awareness and prevent situations escalating into conflict

CORE COMPETENCIES

- Business Acumen
- Composure
- Interpersonal Savvy
- Understanding Others

COURSE OVERVIEW

It can be a challenge to work with people who do things differently to us. However, individuals grow and teams thrive when they embrace their differences and understand that different isn't bad, different is just that – it's different.

This course has been developed using the DISC® Profile to increase self-awareness and provide you with an understanding of why you find different behaviours frustrating and encounter different barriers when communicating.

TOPICS COVERED IN THIS COURSE

Deal with frustrating behaviours

Identifying those frustrating behaviours at work and look at ways to overcome them for a more productive working relationship.

Tension amongst the profiles

The key to understanding and working better with others is to first understand yourself and where your priorities lay and how you like to work and then to be able to recognise others, where their priorities lie and understand and recognise how they like to work.

Using the DISC® Profile

How you can use your type to communicate better and reduce conflict in the workplace.

How to motivate others

Understanding the dos and don'ts around what motivates the four different DISC® styles.

When things get difficult

Recognise where difficult behaviour comes from and consider the best ways to deal with it.

Self-awareness

Reflect on your behavioural style and learn how you can communicate more effectively with others.

Practical, relevant training
developed for the Australian
workplace.

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