

# **ESSENTIAL SKILLS FOR PERSONAL ASSISTANTS**





BUSINESS SKILLS COURSI

# **LEARNING OUTCOMES**

- Develop professionalism and understand why it is important for your business image and reputation.
- Manage workplace interactions up, down and across organisations, including working with multiple managers.
- Distinguish and understand diverse communication styles to improve your effectiveness.
- Apply principles of effective communication through listening and questioning techniques.
- Develop an assertive communication style.
- Plan and schedule your workflow using time management and decision making skills.
- Produce persuasive written communication.

# **CORE COMPETENCIES**

- **Businesss Acumen**
- **Career Ambition & Planning**
- Interpersonal Savvy

## **COURSE OVERVIEW**

Personal assistants are required to have a high level of interpersonal, planning, time management and problem solving skills. This popular course examines best practice behaviours and systems for productively contributing to a professional work team. You will learn practical tools and techniques to empower you to develop your workflow, organisational and interpersonal skills and to engage with people at all levels of business.

### **TOPICS COVERED IN THIS COURSE**

### The six core competencies

Evaluate your current skills and identify areas of development.

# Goals and personal motivation

Decide what you want to do and Five ways to improve your how you will get there by setting SMART goals.

# **Essential people skills**

Learn to vary your style based on the person and situation.

# Effective communication

Identify the scaffolding blocks of Feedback communication, such as active listening and questioning skills.

# **Creating positive first** impressions

Get off to a good start by understanding how tone, body language, and words impact your management habits and develop message, whether it's delivered face-to-face or over the phone.

# **Assertive communication**

Develop a style of communicating that enhances mutual respect and allows clear, open communication to take place.

# How to say 'no'

Be straight forward and honest, in a respectful and professional way.

#### Good telephone etiquette

Explore best practice business protocols and how to deal with emotional callers

### Manage your manager

working relationship with your manager.

# Dealing with multiple managers

Use effective scheduling techniques to determine priorities and manage workflow.

How to respond effectively to feedback, so the needs of both parties are being met.

# Time management is selfmanagement

Self-evaluate your time a range of techniques to work more productively.

# Managing interruptions and distractions

Identify and stop time wasters.

# Writing effective emails

Write clear and concise emails that people will want to read.

Practical, relevant training developed for the Australian workplace.

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