



TEAM BUILDING WORKSHOP WITH DISC® PROFILE



An SGS Company



LEARNING OUTCOMES

- Understand your team's stages of team development.
- Evaluate team effectiveness to help you move your team forward.
- Understand different communication and behavioural styles to minimise tension.
- Be aware of your locus of control and how it affects your team.
- Recognise how effort, performance and outcome drive team motivation.

THIS WORKSHOP IS RECOMMENDED

As an in-house session for teams wanting to:

- Identify opportunities for self and team development.
- Build trust and rapport within new, developing and established teams.
- Evaluate and optimise team performance and productivity.

BEHAVIOURAL PROFILE

The DISC® Profile provides a common language that people can use to better understand themselves and to adapt their behaviours with others. It is a personal assessment tool used to improve work productivity, teamwork and communication.

COURSE OVERVIEW

A team's unity stems from the common goals its members accept, but its potential to achieve those goals depends on their ability to work together and understand each other.

Using DISC® Profile as a pivotal tool, this team-building workshop motivates teams to work towards high performance and cohesion. An experienced facilitator will encourage and guide your team members through activities and discussions while they evaluate their effectiveness and define their values as a group.

TOPICS COVERED IN THIS COURSE

Evaluating your team's effectiveness

Review your team's current level of effectiveness in a range of areas, from purpose and direction to communication and relationships.

DISC® Profile

This topic builds on the team effectiveness evaluation by showing how differently people think and behave – even when they agree on something – and helps people see the 'why' behind any gaps in their team effectiveness.

DISC® Profile Team Dynamics

See a graphical representation of your team's natural and adapted styles and discuss their styles in relation to each other.

Tension amongst DISC® Profiles

The key to managing tension is to know when to expect pace and priority problems and have a strategy to prevent or deal with these differences.

Understanding your locus of control

When it comes to what you choose to attribute successes and failures to, your choice of orientation or "locus of control" will have an influence on your long-term success.

How and why to develop your awareness of self and others

Developing your self-awareness and emotional intelligence can assist with your own development and team success. However, it is not a once-off activity; it requires your commitment to a dynamic process of learning skills to understand yourself and others over time.

Understanding team motivation

Teams become highly motivated when they can see the link between the effort they put in with the outcomes they produce. This topic will help your team to understand and apply the simple formula to motivate themselves and their colleagues.

Stages of team development

Evaluating what stage of the teamwork model that your team is presently operating in, based on the Tuckman model of forming, storming, norming, performing and adjourning. Delve deeper into Tuckman's model to understand how your team can evolve and develop its maturity, ability, relationships, and responses to leadership.

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