

LEADING TEAMS



By **SGS**

1 DAY



LEARNING OUTCOMES

- Explore the stages of team development, assess your team's current stage and apply strategies to support progressing through each stage
- Recognise the role of trust in team dynamics and consider ways to build and maintain trust within your team
- Identify the vast benefits of constructive conflict while managing destructive conflict within your team
- Explain the seven power and influence bases and evaluate their effects on productivity, credibility and relationships at both team and individual levels
- Apply the six different leadership styles to maximise productivity and enhance your team's results

COURSE OVERVIEW

Leading a team that consistently collaborates and performs well requires a refined set of leadership and management capabilities. This course equips you with the tools to foster cohesion, resolve conflict constructively and build a resilient, high-performing team that thrives even in challenging environments.

This course is ideal for team leaders, supervisors and managers who are committed to motivating and guiding their teams toward shared objectives. It is especially valuable for those navigating change, challenge or dysfunction, and who seek to improve collaboration, resilience and high performance.

TOPICS COVERED IN THIS COURSE

Evaluating team effectiveness

Gain insight into how your team is functioning, identify opportunities for improvement and pinpoint specific areas for development to enhance team effectiveness.

Team building and dynamics

Using the Tuckman model of forming, storming, norming, performing and adjourning, identify the current stage of your team's development, understand the impact on team dynamics and apply strategies to support your team your team's progression through each stage.

Five dysfunctions of a team

Examine the essential behaviours that support effective team relationships, navigate difficult situations, problem solve, operate effectively and ultimately drive team results. Notice that the absence of these behaviours creates dysfunction.

Trust

Discover how trust influences your team's morale and overall performance. Understand why cultivating a culture of trust is essential for team success.

Conflict within teams

Prevent and minimise conflict through a proactive and positive approach to dealing with differences within the team and develop your approach to facilitating positive outcomes.

Leadership power and personal influence

Stepping into leadership comes with the challenge of navigating the power tied to your title. Explore seven key sources of power and influence and identify which of these create a positive impact - regardless of position.

Leadership styles

The most effective leaders adapt their approach to suit the situation, choosing the right style that both meets the needs of the team and the specific circumstances while achieving outcomes and building trust.

Personal action plan

Create actionable goals to implement into your day-to-day working practices that will have an impact on your both your approach to leadership and the success of your team.

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developed for the Australian
workplace.

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