Team Building Workshop with DISC®

◖◖● TEAM BUILDING WORKSHOP WITH DISC

Motivate your team to work towards high performance and cohesion with an interactive team building workshop tailored to your needs.

Understanding your team's communication needs and their ability to work together is key to unlocking your team's potential and achieving your goals. That's why in this team building workshop we use DISC® as a pivotal tool to understand and analyse your team's personality and communication styles.

In a classroom setting (online or in person) an experienced facilitator will guide your team through activities and discussion designed to nurture a high performing and cohesive team while they evaluate your team's effectiveness.

What you will learn:

- Understand your team's stages of team development
- Evaluate team effectiveness to help you move your team forward.
- Understand different communication and behavioural styles to minimise tension.
- Be aware of your locus of control and how it affects your team.
- Recognise how effort, performance and outcome drive team motivation.

This workshop is ideal for teams wanting to:

- Identify opportunities for self and team development.
- Build trust and rapport within new, developing and established teams.
- Evaluate and optimise team performance and productivity.
- Re-stablish personal connection after working from home.
- Build loyal and engaged teams.

What is DISC®?

DISC® Profile is one of the most famous personal assessment tools that groups behaviours into four basic types to facilitate a better understanding on an individual's communication needs.

Dominance, Influence, Steadiness, Conscientiousness

The DISC® Profile provides a common language that people can use to better understand themselves and to adapt their behaviours with others. It is a personal assessment tool used to improve work productivity, teamwork and communication.

Understanding your team's communication needs and their ability to work together is the key to unlocking your team's potential and achieving the goals that bring you together.

Topics Covered:

Evaluating your team's effectiveness

Review your team's current level of effectiveness in a range of areas, from purpose and direction to communication and relationships.

DISC® Profile

This topic builds on the team effectiveness evaluation by showing how differently people think and behave – even when they agree on something – and helps people see the 'why' behind any gaps in their team effectiveness.

DISC® Profile Team Dynamics

See a graphical representation of your team's natural and adapted styles and discuss their styles in relation to each other.

Tension amongst DISC® Profiles

The key to managing tension is to know when to expect pace and priority problems and have a strategy to prevent or deal with these differences.

Understanding your locus of control

When it comes to what you choose to attribute successes and failures to, your choice of orientation or "locus of control" will have an influence on your long-term success.

How and why to develop your awareness of self and others

Developing your self-awareness and emotional intelligence can assist with your own development and team success. However, it is not a once-off activity; it requires your commitment to a dynamic process of learning skills to understand yourself and others over time.
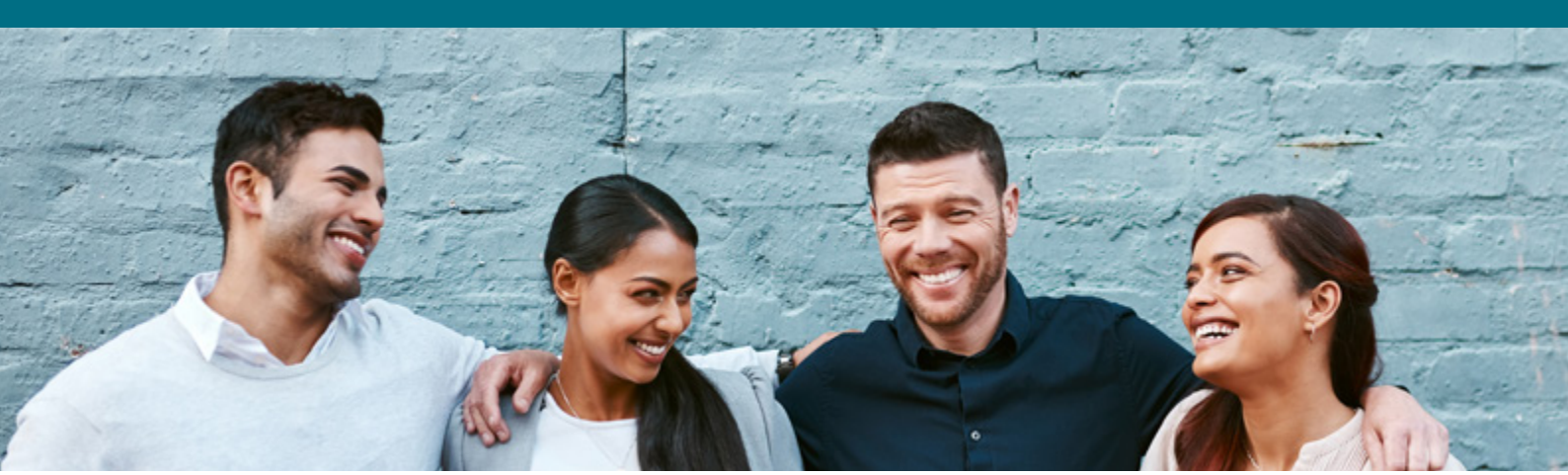
Understanding team motivation

Teams become highly motivated when they can see the link between the effort they put in with the outcomes they produce. This topic will help your team to understand and apply the simple formula to motivate themselves and their colleagues.

Stages of team development

Evaluating what stage of the teamwork model that your team is presently operating in, based on the Tuckman model of forming, storming, norming, performing and adjourning. Delve deeper into Tuckman's model to understand how your team can evolve and develop its maturity, ability, relationships, and responses to leadership.

CLASSIC AMAZING RACE

Using the skills learnt in the classroom, put your team to the test with the interactive Amazing Race Team Building add on.

The Classic Amazing Race is an exciting and interactive (optional) team building experience based on the popular Tv series designed to test your team's classroom skills in a high paced and interactive environment. Teams complete physical and mental challenges in a 3-hour outdoor setting.

Complete challenges such as cryptic puzzles and construction challenges in a fun interactive setting.

Each challenge will help build skills in:

*   **Team Building**
*   **Delegation & Leadership**
*   **Time Management, Planning & Strategy**
*   **Risk Assessment & Management**

Course details:

Game Start Times

Choose your own start time! Please have everyone arrive 15mins before your booking start time.

Duration

Standard duration is approx 3 hours. This includes:

*   **15mins:** Opening Ceremony and explanation
*   **+ 2-2.5hrs** of game play (depending on how competitive your group is!)
*   **+ 15mins** of Closing Ceremony and awards!

If you have more/less time we can customise the duration of this game to suit! **Min duration is 1.5 hours, max is 3 hours**

Teams

Pick your own teams to mix up the office and bring a list with you on the day! Or we can randomly pick them for you. For team sizes we suggest:
*   <20 Participants = 3 to 5 in a team
*   20-60 Participants = 5 to 6 in a team
*   60+ Participants = 6 to 8 in a team

Start Locations

Choose your own start location!
*   In Office: Must be a CBD location with room for us to address the entire group
*   Sydney: Sydney CBD, Darling Harbour, The Rocks, Circular Quay, Parramatta
*   Melbourne: Melbourne CBD, St Kilda
*   Brisbane: Queens Gardens, Southbank, Surfers Paradise, Broadbeach
*   Other locations: We'll work with you to find the perfect spot

End Locations

We have a bunch of venues we use regularly that we can suggest and book in for you. Or you can book your own! We can finish in any venue that has enough space for your group and is quiet enough that our hilarious hosts can be heard as they announce the final scores in our Closing Ceremony. Before booking your own venue please confirm the correct timings and venue requirements with us.

Contact us for a tailored training solution!